

## White Meat

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### White Meat

Chicken is a widely consumed white meat. In culinary terms, white meat is meat which is pale in color before and after cooking. A common example of white meat is the lighter-colored meat of poultry (light meat), coming from the breast, as contrasted with dark meat from the legs.

### White meat - Wikipedia

White meat includes chicken and fish, while red meat refers to beef, pork, venison and some other varieties of game. The United States Department of Agriculture categorizes meats as either white or red. The department's system is controversial because some types of fish and poultry are red when they are raw and turn white after being cooked.

### What Is a List of White Meat? | Reference.com

White meat definition is - meat that comes from the breast or other thick parts of a chicken, turkey, etc., and that is lighter in color than the other parts when cooked; also : meat (such as pork) that is lighter in color than beef when cooked.

### White Meat | Definition of White Meat by Merriam-Webster

White meat generally refers to poultry meat that is pale in color before it is cooked, such as chicken breast and turkey breast. It can also include other poultry such as duck and geese. Traditionally, fish is also termed as white meat, even though certain kinds of fish like salmon and tuna are red in color.

### What Is White Meat | Organic Facts

White and red meat differ in their amount of myoglobin, the protein responsible for a meat's color. Red meat has more myoglobin than white meat, and a higher myoglobin content generates a darker...

### Is Pork White Meat or Red Meat? - Healthline

White meat refers to poultry and light-colored meats. Sometimes this definition may also include fish, but people don't generally consider fish as a "meat", so for the purpose of this article we will focus on land animals. It is also a myth that white meat doesn't contain myoglobin.

### Red Meat vs. White Meat: Which is Healthier? | Nutrition ...

White meat White meat is light and faded in color, both before and after cooking. The most usual kind of white or light meat is the lighter-colored meat of poultry like chicken, that comes from the...

### Red Meat And White Meat: What Is The Difference And Which ...

White Meat is a Provisioning Materials in The Elder Scrolls Online. Can be acquired from Grocers and Barrels, Baskets, Crates, Cupboards etc.

### White Meat | Elder Scrolls Online Wiki

White meat is pale before and after cooking. As fas as nutritional science are concerned, red meat is any meat that has more myoglobin than white meat, white meat being defined as non-dark meat from chicken (excluding leg or thigh) or fish. So, choosing white or red meat depends on the definition you choose.

### Differences Between Red Meat & White Meat With Examples ...

The hostess raised her eyebrows and curtly responded, "Mr. Churchill, in this country we ask for white meat or dark meat." "My apologies, Madam, I was not aware of your customs." The following day, a thank you gift was delivered to the party's hostess with a large orchid.

### White Meat - The Urantia Book

Chicken breast meat is the archetypal white meat, and gastronomically, chicken and rabbit are categorically considered white meat, while cow, sheep, and horse meat are considered red. Generally the meat of milk-fed veal and pork are considered white, while the meat of ducks and goose are considered red.

### white meat - Wiktionary

white meat The chicken may be all white meat, all dark meat, or a mix (known as regular).

### WHITE MEAT | meaning in the Cambridge English Dictionary

The red meat or white meat debate is a draw: Eating white meat, such as poultry, will have an identical effect on your cholesterol level as eating red beef, new research indicates. Food Fitness

### White meat is just as bad for you as red beef when it ...

white meat - The pale meat of poultry, rabbit, or veal; red meat is from beef or lamb. See also related terms for lamb. Farlex Trivia Dictionary. © 2012 Farlex, Inc.

### White meat - definition of white meat by The Free Dictionary

When it comes to chickens, we refer to muscles containing mostly white fibers as white meat, and muscles containing more red fibers as dark meat. White meat, found in the breasts and wings, contains about 10% red fibers. This part of the chicken is lean and mild in flavor, and dries out easily if overcooked.

### White Meat vs. Dark Meat Chicken: What's the Real ...

White's Meat Market - US 931 and US 26, 2100 North Washington, 134 N. Main (Tipton), Kokomo, Indiana 46902 - Rated 4.6 based on 124 Reviews "The Best...

### White's Meat Market - Home | Facebook

Virtually all dietary studies categorize poultry and fish as "white meat" and four-legged land animals such as beef, pork and lamb as "red meat." Yet in culinary or cultural contexts, veal is often considered a white meat and duck or goose may be classified as red.

### Color Confusion: Identifying Red Meat and White Meat ...

The white meat of fowl is the best meat diet for the vocalist. The partridge has white meat, and so needs to be thoroughly cooked, but not dried. To be particularly nice, however, she should use only the white meat. First fellow at the dining tent gets most of the white meat!

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